

Elementary Social Emotional Learning (SEL) Curriculum Update and Review

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2023-24

Board of Education Goal

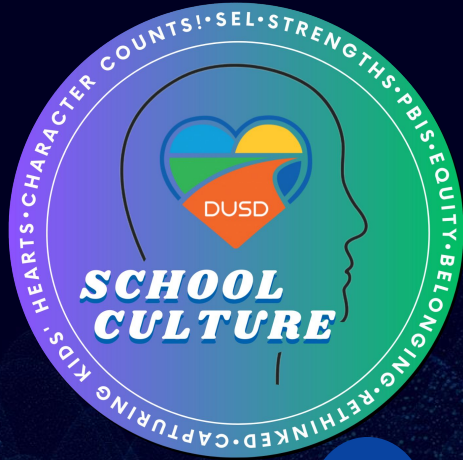
Board Goal 1: Downey Unified will continue to utilize CHARACTER COUNTS! to ensure our ongoing growth in positive academic performance, social and emotional skill development, school climate and character development. Positive Behavioral Intervention and Supports (PBIS) will continue to be implemented at all levels, Capturing Kids Hearts (CKH) strategies will continue to be utilized at the secondary level and implementation of a TK-5 SEL curriculum at our elementary schools will provide additional and enhanced support to students.



OUR MISSION

We are dedicated to partnering with our students to build a better future for themselves and our school communities. Our goal is to ensure students:

- Feel Safe & Connected
- Know They Are Valued
- Have Opportunities for Academic and Emotional Success



School Culture Teams

A school site leadership team of educators who share an authentic passion for advocating for our students.

The ultimate outcome is to enhance the social-emotional and character competencies of our site communities, as well as academic success of each student.

- Character Counts!
- SEL Strategies
- PBIS
- SEL Curriculum
- Capturing Kids' Hearts
- Strengths
- Academic Content

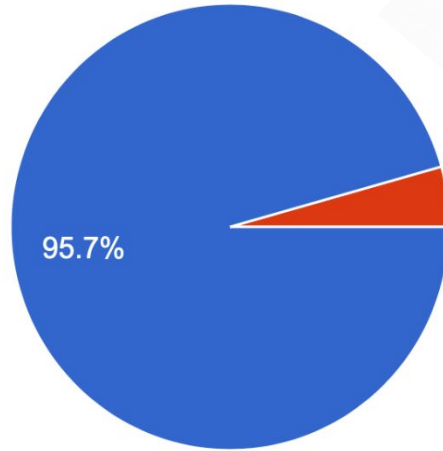
Program Selection Overview

Participants	Schools Represented	SEL Solutions	Time
<ul style="list-style-type: none">• 21 Gen. Ed. Teachers• 4 SpEd Teachers• 2 Mental Health service providers• 2 School Principals• 1 Program Specialist• 3 TOSAS	<ul style="list-style-type: none">• 13 Elementary Schools	2 - SEL Solutions: <ul style="list-style-type: none">• Sown To Grow• Rethink	<ul style="list-style-type: none">• 8 weeks

SURVEY SAYS

1. What is your first choice for SEL curriculum

23 responses



● Rethink
● Sown to Grow

**22 out of 23
respondents chose
Rethink**

In a few words, why was this your first choice?

- Engaging, organized and user friendly
- Flexible (can be expanded on and/or split over multiple days)
- Grade level appropriate with access to all grade levels for modification purposes
- Multiple components to one lesson (video, activity, discussion, academic connection)
- Home-School connection and Spanish materials available

How much time is needed?

Here are some suggestions for how you might organize your lesson each week:

One 15 Minute Time Block

Show the Learn video and discuss the strategies using the language in the Learn video.

Three 10–15 Minute Time Blocks

Day 1 Learn Video & Discussion

Day 2 Practice

Day 3 Dive Deeper*

One 20–30 Minute Time Block

5–10 minutes Learn Video and Discussion

15–20 minutes Practice or Dive Deeper*

One 35–50 Minute Time Block

5–10 minutes Learn Video and Discussion

15–20 minutes Practice

15–20 minutes Dive Deeper*

**Some Dive Deeper Activities include projects that may span over several days and are completed outside of class time.*

Six Pillars of Character	<i>September</i> FOCUS: Trustworthiness	
Rethink Ed: SEL Lessons	Recommended Lesson	
Domain Area	Awareness of Self & Others	
Focus Area	Values	
Lesson Titles	TK	What We Like
	K	My Family
	1	Being Together
	2	Spot Our Family Values
	3	Character Values
	4	My Values, My Choices
	5	Our School's Value

Six Pillars of Character	<i>October</i> FOCUS: Respect	
Rethink Ed: SEL Lessons	Recommended Lesson	
Domain Area	Social Skills	
Focus Area	Respect	
Lesson Titles	TK	Mind your Manners
	K	Spreading Kindness
	1	Mind Your Manners
	2	Show Some Respect!
	3	Say it With a Smile!
	4	Actions Speak Louder Than Words
	5	Social Cues

[Click here](#)[View Lesson Plan](#)[Teach Lesson](#)

LESSON OVERVIEW

Self-Management: Focus

Grade 3: Improving My Focus

Focus is the ability to direct one's attention and ignore distractions. Having the ability to focus helps students learn and achieve goals. A lack of focus affects the brain's ability to listen, memorize, reason, solve problems, and make decisions. With many things competing for our students' attention, it is important to teach them how to focus. With practice, the brain can be trained to focus better and for longer periods of time.

Objective

Students will learn strategies to increase time focused on task.

Helpful Hints

Make one copy of the *Improving Focus* Student Resource and the *Improving My Focus* Activity for each student for the Dive Deeper part of the lesson. For the *Improving My Focus* Activity, students will need to choose a learning goal that takes practice to reach. Consider providing students with a few options of goals that they can choose from that correlate with your academic standards.

Standards

Language Arts

Teacher Training

[View Training](#)[English](#)[Spanish](#)

Materials

[Tier 1](#)[Academic Connections](#)[Home Connections](#)[Click here](#)[Click here](#)[Click here](#)

Rethink 3rd Grade

Focus Lesson

[Click here](#)

[View Lesson Plan](#)

[Teach Lesson](#)



LESSON OVERVIEW

Self-Management: Focus

Grade 4: Keep Focused

Focus is the ability to direct one's attention and ignore distractions. Having the ability to focus helps students learn and achieve goals. A lack of focus affects the brain's ability to listen, memorize, reason, solve problems, and make decisions. With many things competing for our students' attention, it is important to teach them how to focus. With practice, the brain can be trained to focus better and for longer periods of time.

Objective

Students will learn how distractions affect focus and practice strategies to stay focused.

Helpful Hints

Make one copy of the *Keep Focused* Activity for each student and gather loud music or another distracting sound to use for the Practice part of the lesson.

Copy the *Keep Focused Scenario Cards* for the Dive Deeper part of the lesson. You will need one card for each group of four students.

Standards

Language Arts

Teacher Training

[View Training](#)

English

Spanish

Materials

[Tier 1](#)

[Tier 2](#)

[Academic Connections](#)

[Home Connections](#)

[Click here](#)

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Rethink 4th Grade

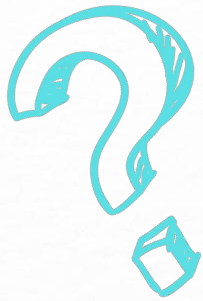
Focus Lesson

Planned Next Steps

- Curriculum is open for public viewing and feedback
- Board approval of supplemental SEL curriculum
- Staff Meeting Professional Development and Implementation Training
- Rethink Training Offered
- Parent Education opportunities



Thank you for your time!



**Questions or
comments?**

