

# Current Conditions Board Update

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# Updated: Reopening Protocols for K-12: Appendix T1



Recent Updates: 1/1/22

- Strong recommendation for all eligible staff and students to receive a booster dose of a COVID-19 vaccine in addition to their primary vaccine series.
- COVID-19 testing required for all close contacts who are permitted to remain in school immediately after exposure, regardless of vaccination or booster status.
- Masking now required for all outdoor activities where physical distancing is not feasible, except while eating or drinking.
- Staff are required to wear upgraded masks (surgical mask or higher level PPE).
- Students are strongly recommended to wear masks that are well-fitting, non-cloth masks of multiple layers of non-woven material with a nose wire.

# DUSD KN95 Distribution



- Starting last Friday and completing yesterday, 3 KN95 masks were delivered/provided to all DUSD staff
- KN95 masks will be available in the warehouse to resupply all staff as needed.

<b>Know which Masks Provide the Best Protection Against COVID-19</b>		
Good	Better	Best
•Fabric mask with three or more cloth layers	•Double mask (surgical mask + cloth mask) •Fitted medical mask (surgical mask)	•N95 •KN95 •KF94

# Updated COVID-19 Exposure Management Plan Guidance in TK-12 Schools: Appendix T2



## **Recent Updates:** (Changes highlighted in yellow)

### **1/4/2021:**

- Added Over-the-Counter tests as an acceptable option for school screening testing programs that are not under the State Health Officer Order.

### **12/31/2021:**

- Updated quarantine, testing, and masking guidance for persons exposed to COVID-19 in TK-12 schools to align with new CDC and California Department of Public Health isolation and quarantine guidance for the general public.
- Added a requirement for close contacts who are exempt from quarantine to test on Day 5 after the last exposure date, in order to remain in school. In addition, it is recommended to test immediately after exposure.
- Clarified that exposed students under modified quarantine at school must continue to monitor their health and mask at all times (indoors, outdoors, and on school buses) for 10 days from the date of last exposure, even if released from quarantine after a negative test on Day 5.



## DOWNEY UNIFIED SCHOOL DISTRICT COVID-19 EXPOSURE GUIDELINES FOR STUDENTS Re: Isolation and Quarantine (Updated 1/11/22)

The intent of these guidelines is to provide information to DUSD students, families, and staff exposed to or diagnosed with COVID-19. Guidelines will be updated as new information is obtained from the Los Angeles County Department of Public Health (LACDPH). The LACDPH has updated its instructions for both isolating (*if you test positive for COVID-19*) and quarantining (*if you were exposed to someone with COVID-19*).

The following charts were created to explain current next steps if you are required to isolate or quarantine.

You can also visit the LACDPH web pages for more information regarding [isolation](#) and [quarantine](#) instructions.

<b>ISOLATION =</b> <i>if you test positive for COVID-19</i>	<b>QUARANTINE =</b> <i>if you were exposed to someone with COVID-19</i>
<ul style="list-style-type: none"><li>• keeps someone who is sick or has tested positive for COVID-19 away from others, even in their own home</li><li>• People who are in isolation should stay home and stay in a specific "sick room" or area and use a separate bathroom (if available)</li></ul>	<ul style="list-style-type: none"><li>• Quarantine is used to keep someone who has been exposed to a person with COVID-19 away from others</li><li>• if you have been in close contact with a person diagnosed with COVID-19 you are required to quarantine unless you are <u>exempt</u></li></ul>

# DUSD COVID-19 Exposure Guidelines Cont.

## WHAT HAPPENS IF I AM COVID-19 POSITIVE?

What happens if I am COVID-19 <u>POSITIVE</u> and I am Vaccinated and Boosted?	What happens if I am COVID-19 <u>POSITIVE</u> and I am Vaccinated (no booster)?	What happens if I am COVID-19 <u>POSITIVE</u> and I am <u>NOT Vaccinated</u> ?
<ul style="list-style-type: none"> <li>Isolate for at least 5 days</li> <li>Take a rapid antigen COVID-19 test (home or lab) 5 days or later after the initial positive test</li> </ul>	<ul style="list-style-type: none"> <li>Isolate for at least 5 days.</li> <li>Take a rapid antigen COVID-19 test (home or lab) 5 days or later after the initial positive test</li> </ul>	<ul style="list-style-type: none"> <li>Isolate for at least 5 days.</li> <li>Take a rapid antigen COVID-19 test (home or lab) 5 days or later after the initial positive test</li> </ul>
<h3>How do I return to work or school after I tested positive?</h3>		
<ul style="list-style-type: none"> <li>At least 5 days have passed since your symptoms first appeared</li> <li><b>AND</b> you have no symptoms or symptoms improve and you are fever-free for 24 hours without using a fever reducing medication</li> <li><b>AND</b> you have a negative COVID-19 rapid antigen test 5 days or later after the first test you may return the following day</li> </ul> <p>PROVIDE A PICTURE OR COPY OF YOUR NEGATIVE COVID-19 TEST RESULTS UPON RETURN TO WORK OR SCHOOL</p>		
<h3>What if I still have a fever beyond 5 days after I have tested positive?</h3>		
<ul style="list-style-type: none"> <li>If fever remains present, your isolation needs to be continued until the fever resolves without the use of fever reducing medication</li> </ul>		
<h3>What if I do not take a second COVID-19 test on day 5 after I have tested positive?</h3>		
<ul style="list-style-type: none"> <li>Those who are unable to test or choose not to test, and symptoms are not present or are resolving, your isolation can end after day 10.</li> </ul>		

# Information for Parents

For questions on isolation instructions, parents can call the LACDPH Case Hotline  
**1-833-540-0473**



# DUSD COVID-19 Exposure Guidelines Cont.

## (2) Groups that Qualify for Modified Quarantine

### WHAT HAPPENS IF I AM EXPOSED TO COVID-19?

What happens if I am <b><u>EXPOSED</u></b> to COVID-19 and I am Vaccinated, <b><u>and</u></b> I got a COVID-19 Booster?	What happens if I am <b><u>EXPOSED</u></b> to COVID-19 and I am Vaccinated and I am not yet eligible for a COVID-19 Booster?
<ul style="list-style-type: none"><li>• You are able to continue to attend work or school with <b><u>proof of your COVID-19 booster and no symptoms</u></b></li><li>• You will take a rapid antigen COVID-19 test on Day 5</li><li>• You are to wear a medical grade (surgical or better) mask both indoors and outdoors for 10 Days</li><li>• You are to monitor yourself for symptoms for 10 Days</li><li>• If you develop symptoms, take a COVID-19 test and stay home and follow the isolation protocols if you are positive for COVID-19</li></ul>	<ul style="list-style-type: none"><li>• You are able to continue to attend work or school with <b><u>proof of your COVID-19 vaccination and no symptoms</u></b></li><li>• You will take a rapid antigen COVID-19 test on Day 5</li><li>• You are to wear a medical grade (surgical or better) mask both indoors and outdoors for 10 Days</li><li>• You are to monitor yourself for symptoms for 10 Days</li><li>• If you develop symptoms, take a COVID-19 test and stay home and follow the isolation protocols if you are positive for COVID-19</li></ul>



# DUSD COVID-19 Exposure Guidelines – Exposure Cont.

<b>What happens if I am <u>EXPOSED</u> to COVID-19 and I was Vaccinated and Booster eligible and I <u>did not get</u> a COVID-19 <u>Booster</u>?</b>	<b>What happens if I am <u>EXPOSED</u> to COVID-19 and I have <u>recovered</u> from a laboratory-confirmed COVID-19 <u>within the last 90 days</u>?</b>	<b>What happens if I am <u>EXPOSED</u> to COVID-19 and I am <u>NOT Vaccinated</u>?</b>
<ul style="list-style-type: none"> <li>• Stay home for 5 days (from the date of exposure)</li> <li>• If you have a negative rapid antigen COVID-19 test 5 days or later after your first test you may return to school or work the following day (provide your school or work site with a picture or copy of the results)</li> <li>• Wear a medical grade (surgical or better) mask around others for 10 days</li> <li>• If you do not test, you must quarantine for 10 days (from the date of exposure)</li> <li>• If you develop symptoms, take a COVID-19 test and stay home and follow the isolation protocols if you are positive for COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Stay home for 5 days (from the date of exposure)</li> <li>• If you have a negative rapid antigen COVID-19 test 5 days or later after your first test you may return to school or work the following day (provide your school or work site with a picture or copy of the results)</li> <li>• Wear a medical grade (surgical or better) mask around others for 10 days</li> <li>• If you do not test, you must quarantine for 10 days (from the date of exposure)</li> <li>• If you develop symptoms, take a COVID-19 test and stay home and follow the isolation protocols if you are positive for COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Stay home for 5 days (from the date of exposure)</li> <li>• If you have a negative rapid antigen COVID-19 test on day 5 or later, you may provide your school or work site with a copy of the results to end your quarantine after Day 5</li> <li>• Wear a medical grade (surgical or better) mask around others for 10 days</li> <li>• If you do not test, you must quarantine for 10 days (from the date of exposure)</li> <li>• If you develop symptoms, take a COVID-19 test and stay home and follow the isolation protocols if you are positive for COVID-19</li> </ul>

# Updated Protocol for Organized Youth Sports: Appendix S



Recent updates 1/3/22:

- Updated to reflect a minimum 7-day suspension of all team activities for any youth sports team in which there has been an outbreak of four or more epidemiologically linked cases over a 14-day period.
- Masking restrictions have been extended. In addition to masking required for all indoor sports when practicable, masking is now also required for moderate and high-risk outdoor sports where distancing is not possible, when practicable.
- Recommendation and hyperlink added regarding new DPH guidance for improving ventilation in gymnasiums.
- Updated to reflect that the threshold for Mega Events has been lowered from 10,000 to 5,000 attendees for outdoor Mega Events and from 1,000 to 500 attendees for indoor Mega Events.



Los Angeles County  
Office of Education

FYI

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- We have been notified that California Department of Public Health (CDPH) will be providing L.A. County with a **supply of at-home test kits for K-12 students**, with the goal that kits are distributed to every student before they return to school so they can test at their home before they come back to school after the break.
- We understand that this is short notice, but with the rise in transmission due to the Omicron variant, these efforts are intended to **provide an additional level of protection** for students, staff, and school communities.

# DUSD Self-Test Distribution



- **Phase One** (1/5 & 1/6-D.O. Distribution): Students who were absent due to receiving a red check on their self-screener.
- **Phase Two** (1/7-School Distribution): All students in attendance received an at-home test kit (approx: 15,750).
- **Phase Three** (1/8-DHS Distribution): All students who were marked absent on 1/7 received a kit (approx: 3660).
- **Phase Four** (1/11 & ongoing-School Distribution): Upon request, families who have not received an at-home test kit will continue to have their kits allocated by their respective school sites.

# Home COVID tests to be covered by insurers starting Saturday



Starting Saturday, private health insurers will be required to cover up to eight home COVID-19 tests per month for people on their plans. The Biden administration announced the change Monday as it looks to lower costs and make testing for the virus more convenient amid rising frustrations.

Under the new policy, first detailed to the AP, Americans will be able to either purchase home testing kits for free under their insurance or submit receipts for the tests for reimbursement, up to the monthly per-person limit. A family of four, for instance, could be reimbursed for up to 32 tests per month. PCR tests and rapid tests ordered or administered by a health provider will continue to be fully covered by insurance with no limit.

# FDA expands Pfizer boosters for more teens as omicron surges



The U.S. is expanding COVID-19 boosters as it confronts the [omicron surge](#), with the Food and Drug Administration allowing extra Pfizer shots for children as young as 12.

[Boosters](#) already are recommended for everyone 16 and older, and federal regulators on Monday decided they're also warranted for 12- to 15-year-olds once enough time has passed since their last dose.

But the move, coming as classes restart after the holidays, isn't the final step. A panel to the [Centers for Disease Control and Prevention](#) is expected to decide later this week whether to recommend boosters for the younger teens with a final decision by Dr. Rochelle Walensky, the CDC's director.

The FDA also said everyone 12 and older who's eligible for a Pfizer booster can get one as early as five months after their last dose rather than six months.



# Questions