



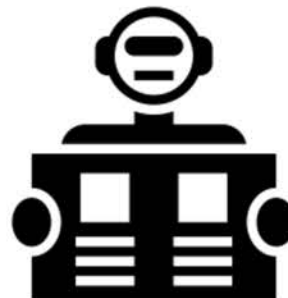
# Physical & Health Ed



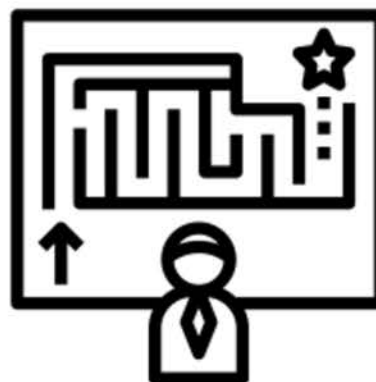
THIS CRITERION ASSESSES YOUR ABILITY TO...

## CRITERION A

Knowing &  
Understanding



i. Explain PHE factual, procedural  
& conceptual knowledge



ii. Apply PHE knowledge & analyze issues &  
solve problems set in familiar and unfamiliar  
situations



iii. Apply PHE terminology  
to effectively  
communicate  
understanding



# Physical & Health Ed



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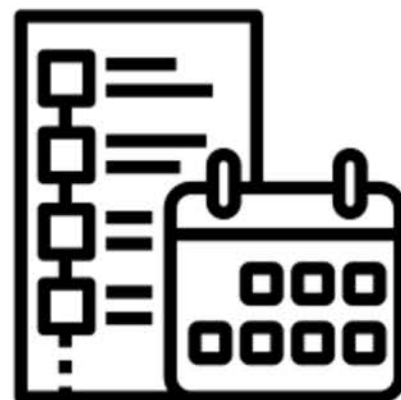
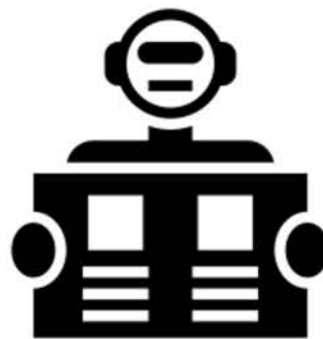
## CRITERION B

Planning for  
Performance



**i. Develop goals  
to enhance  
performance**

**ii. design, explain &  
justify a plan to  
improve physical  
performance &  
health**





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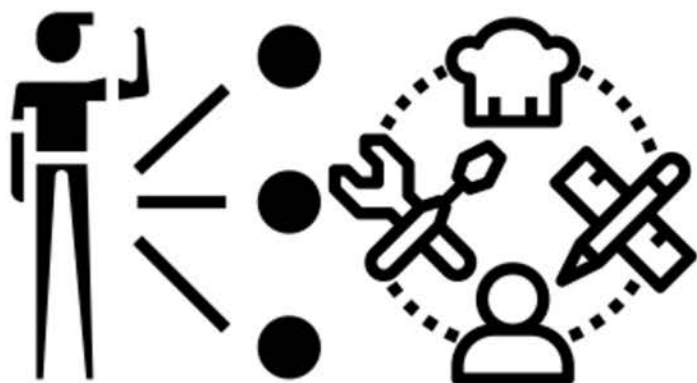
THIS CRITERION ASSESSES YOUR ABILITY TO...

## CRITERION C

Applying &  
Performing



**i. Demonstrate  
& apply a range  
of skills and  
techniques  
effectively**



**ii. Demonstrate & apply a range of strategies  
and movement concepts effectively**



**iii. Analyse & apply information to  
perform effectively**



# Physical & Health Ed



THIS CRITERION ASSESSES YOUR ABILITY TO...

## CRITERION D

Reflecting &  
Improving  
Performance



i. Explain & demonstrate strategies  
that enhance interpersonal skills



ii. Analyse & evaluate the effectiveness of a plan based on  
the outcome



iii. Analyse & evaluate  
performance