



**Downey Unified
School District**



Parent Series



8-week online series with Dr. Grover Bravo!

Workshop classes are EVERY THURSDAY

September 9, 2021 - October 28, 2021

8:30 a.m. - 10:30 a.m. OR 6:00 p.m. - 8:00 p.m.

- ✓ Week 1: The role of the family in achieving academic success
Week 2: Exploring the types of discipline

- ✓ Week 3: Structuring an environment for teens to thrive
Week 4: Self-Esteem: The key to academic success

- ✓ Week 5: Communicating with teens
Week 6: Anger management

- ✓ Week 7: How to modify behavior without aggression
Week 8: Self-esteem and motivation for teens

Registration is Free! Please Register At:

<https://bit.ly/3yH77T0>

Classes will be in Spanish with available English translation. For questions, please contact Dr. Patricia Sandoval at (562)469-6568 or pgonzalezsandoval@dusd.net