

## Middle & High School - June & July 2026 SSO Summer School 1 week Cycle

**Middle School:**  
**High School:**

**Dates: 6/9 - 7/7**  
**Dates: 6/11 - 7/16**

**Mon - Fri (19 days)**  
**Mon - Fri (24 days)**

**\*\*No School on  
Fridays 6/19, 7/3**

<b>DAILY BREAKFAST ENTREE w/Choice of Fresh Fruit</b>					
	Mon	Tue	Wed	Thur	Fri
	Breakfast Sandwich Choice	Cereal & Sunflower Seeds	Breakfast Sandwich Choice	Cereal & Sunflower Seeds	Breakfast Sandwich Choice
	Yogurt & Granola	Yogurt & Granola	Yogurt & Granola	Yogurt & Granola	Yogurt & Granola
	Concha	Concha	Concha	Concha	Concha
	Muffin	Muffin	Muffin	Muffin	Muffin
	Ham & Swiss Croissant	Ham & Swiss Croissant	Ham & Swiss Croissant	Ham & Swiss Croissant	Ham & Swiss Croissant
	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Extra	Hash Browns	Hash Browns	Hash Browns	Hash Browns	Hash Browns

<b>FEATURED LUNCH ENTREE (1 week cycle)</b>					
	Mon	Tue	Wed	Thur	Fri
Entree	Domino's Pepperoni/Cheese Pizza	Orange Chicken & Brown Rice Bowl	Chicken Bites & 1 oz Fresh Baked Dinner Roll	Teriyaki Chicken & Brown Rice Bowl	Nashville Hot Chicken Tenders or Chicken Strips & Buttermilk Biscuit <b>or Chef's Choice</b>
Veg Sub		<b>Steamed Broccoli &amp; Edamame</b>	<b>Potato Wedges</b>	<b>Egg Roll</b>	
<b>DAILY LUNCH ENTREE OPTIONS *Vegetarian</b>					
	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich
	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger	Hamburger/Cheeseburger
	IW Burrito Choice	IW Pepperoni Croissant or Pizza Pocket	IW Burrito Choice	IW Pepperoni Croissant or Pizza Pocket	IW Burrito Choice
	Protein Salad Entree Choice + OVS 2 oz IW Wheat Crackers	Protein Salad Entree Choice + OVS 2 oz IW Wheat Crackers	Turkey, Cheese & Spinach Sandwich	Turkey, Cheese & Spinach Sandwich	Turkey, Cheese & Spinach Sandwich
	Uncrustable Meal	Uncrustable Meal	Uncrustable Meal	Uncrustable Meal	Uncrustable Meal
	*Buffalo Vegan Boneless Wings + OVS 2 oz IW Wheat Crackers	*IW Pillow Pull Aparts w/ <b>Marinara Dipping Cup</b>	*Buffalo Vegan Boneless Wings + OVS 2 oz IW Wheat Crackers	*IW Pillow Pull Aparts w/ <b>Marinara Dipping Cup</b>	*Buffalo Vegan Boneless Wings + OVS 2 oz IW Wheat Crackers
Daily Veg	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots	Baby Carrots
	Lettuce, Tomatoes, Pickles	Lettuce, Tomatoes, Pickles	Lettuce, Tomatoes, Pickles	Lettuce, Tomatoes, Pickles	Lettuce, Tomatoes, Pickles
Veg Sub	<b>Mini Side Salad</b>	<b>Mini Side Salad</b>	<b>Mini Side Salad</b>	<b>Mini Side Salad</b>	<b>Mini Side Salad</b>
<b>LUNCH FRUIT</b>					
	<b>Apple Slices</b>	<b>Mandarin (may take 2)</b>	<b>Honeydew Melon Slice</b>	<b>Plum (may take 2)</b>	<b>Watermelon Slice</b>
	<b>Fresh Strawberries</b>	<b>Fruit Cup Icy or Pop Choice</b>	<b>Nectarine</b>	<b>Apple Chips</b>	<b>Orange Slices</b>
Condi ments	Daily Condiments/Sauces - when applicable: Ranch, Thousand Island, Ketchup, BBQ, Buffalo, Mayo, Mustard, Chili Flakes, Sweet & Sour Sauce				

**IMPORTANT NOTES BELOW ON REQUIRED DAILY MEAL PATTERN**

Daily Milk - Offer at least two types of milk (1% white and NF Chocolate during breakfast and lunch)

Daily Fruit - Offer at least 2 different types of fruit during breakfast and lunch. Choose from fresh, canned, frozen and/or dried. Must have at least 1 fresh fruit choice during breakfast and lunch. Plum and mandarin - 1 each = 1/4 cup fruit

For Community Feeding Only: Choose entree to offer. For Breakfast - Need to offer 2 fruit items to make 1 cup of fruit. For Lunch - Need to offer 1 cup veg total (Mini Side Salad, Featured Veg Sub Group, Baby Carrots)

This institution is an equal opportunity provider.