

# August 2024 Elementary Breakfast & Lunch Menu



**Downey Unified**  
SCHOOL DISTRICT

## Daily Menu Options

Milk, 100% Fruit Juice,  
Fresh Fruit

## Breakfast

Cereal & Sunflower Seeds  
Yogurt & Granola  
Bagel & Cream Cheese  
Concha, Muffin, Loaf  
Breakfast Burrito/Pizza/Taco  
French Toast, Mini Waffles  
Ham & Cheese Croissant










## Lunch

Turkey Sandwich  
Chicken or Turkey Salad  
Yogurt & Granola  
PB & J Sandwich

## Sides

Bread Roll  
String Cheese  
Sunflower Seeds  
Seasonal Fruit &  
Vegetable Salad Bar

WELCOME  
—back to—  
SCHOOL

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| Oatmeal with<br>Homemade Berry Sauce  | Fruit Yogurt Parfait  | *Turkey Sausage, Egg &<br>Cheese Sandwich  | *Chicken Breakfast Sandwich  | Fresh Baked Cinnamon Roll  |
|   |   |  | 1<br>SUMMER BREAK<br> | 2<br>SUMMER BREAK<br> |
| 5<br>SUMMER BREAK<br>  | 6<br>SUMMER BREAK<br>  | 7<br>SUMMER BREAK<br> | 8<br>SUMMER BREAK<br> | 9<br>SUMMER BREAK<br> |
| 12<br>SUMMER BREAK<br> | 13<br>SUMMER BREAK<br> | 14<br>Hamburger or<br>Cheeseburger<br>w/Lettuce, Tomatoes, Pickles<br>Corn                             | 15<br>Orange Chicken<br>w/Brown Rice<br>Edamame<br>Cucumber Slices                                       | 16<br>Pepperoni or<br>Cheese Pizza<br>w/Pineapple<br>Broccoli  |
| 19<br>Chicken Tenders<br>w/Mashed Potatoes<br>Carrot & Celery Sticks                                    | 20<br>Beef Nachos<br>w/Diced Tomatoes<br>Refried Beans  | 21<br>Chicken Sandwich<br>w/Lettuce, Tomatoes, Pickles<br><br>Apple Chips                              | 22<br>Teriyaki Chicken<br>w/Brown Rice<br>Edamame<br>Cucumber Slices                                     | 23<br>Bean & Cheese Burrito<br>w/St. Corn<br>Broccoli  |
| 26<br>Chicken Smackers<br>w/Fresh Baked<br>Dinner Roll<br>Garbanzo Beans                                | 27<br>New Chicken<br>Taco Crispups<br>w/Shredded Lettuce<br>Refried Beans<br><br>Orange Sorbet Icy      | 28<br>Hamburger or<br>Cheeseburger<br>w/Lettuce, Tomatoes, Pickles<br>Potato Wedges                    | 29<br>Beef Spaghetti<br>Garlic Breadstick<br>Parmesan Cheese<br>Steamed Broccoli<br>Cucumber Slices      | 30<br>Pepperoni or<br>Cheese Pizza<br>w/Pineapple<br>Lemon Roasted Cauliflower                           |

Menus are subject to change due to seasonality and availability, but we will do our best to offer similar items. \*Denotes breakfast sandwiches made with freshly baked biscuits. A select variety of breakfast options will be offered daily from the choices listed. All students may take 1 free breakfast and 1 free lunch meal each day. We look forward to serving all students. Thank you for your support! Questions? Call 562-469-6672 or 562-469-6674. This institution is an equal opportunity provider. Image credit: pngwing.com & pngtree.com