

Downey USD Wellness Policy Committee: Meeting #2

Nov. 3, 2014

3:00 – 4:30pm

District Office (Nutrition Conference Room)

***Before this meeting, each member should have review the following:**

1. DRAFT policy sent via email on 10/31/2014

Agenda:

- 3:00 Sign in/Welcome/Handouts (Activity & Eating)
- 3:10 Recap/Review previous meeting
- 3:15 Review Local School Wellness Policy Requirements (Yellow sheet)
- 3:20 Review **Worksheet 1: Policy Evaluation Checklist (Resource recommended and sent by CDE)**
- 3:30-4:20 Review/Update Draft Wellness Policy (**Utilizing Worksheet 1: Policy Evaluation Checklist**)

Section 1 Wellness

Section 2 Nutrition Education

Section 3 Nutrition Promotion

Section 4 Nutrition Guidelines for School Meals

Section 5 Nutrition Guidelines for Foods & Beverages Available Outside the School Meal Program

Section 6 Physical Activity and Physical Education

Section 7 PE and Physical Activity Goals

Section 8 Family, Staff, and Community Involvement {Other school based Health}

Section 9 Implementation, Evaluation and Monitoring of the Wellness Policy or Accountability-
Measuring Implementation

- 4:25 Set up future meeting date

- 4:30 Adjourn

- Future Meeting Date: _____ Time: _____ Location _____

Items to Discussed for next meeting:
