

Downey USD Wellness Policy Committee: Meeting 1
May 19, 2014 2:30 – 3:45pm
District Office (Nutrition Conference Room)

***Before this meeting, each member should have review the following:**

1. Read over "[Understanding Nutrition Primer Module](#)"
2. Read over [Downey Unified School District Wellness Policy](#)

Purpose of the Committee: Representatives of the district’s stakeholders to review/update local school wellness policy, implementation, and monitor/evaluation its progress.

Agenda:

- Sign in/Contact info sheet – (info/title/credentials correct?)
- Welcome/Introductions from members
- Overview of Local School Wellness Policy

Meeting Objectives:

1. Understand new requirements: Review “Understanding Nutrition Primer Module” & DUSD Wellness Policy
2. Divide role and responsibility for each member...form subcommittee for:
 - A. Nutrition Subcommittee: 1) Set goals for nutrition education. 2) Set standards for all food available on school campus.

- B. Physical Education Subcommittee: 1) Set goals for physical education, physical activity and other school wellness activities

- C. Wellness & Promotion Subcommittee: 1) Set goals for other school based health. 2) Set goals for nutrition promotion

- D. Implementation/Monitoring/Evaluation Committee:

Recruit other stakeholders? _____

3. Assess strength of current DUSD Wellness Policy: Complete Local School Wellness Policy Checklist with partner/subcommittee member. (Group summarize report findings from checklist)

- Next Meeting Date: _____ Time: _____ Location _____
Tentative Agenda Items:
