

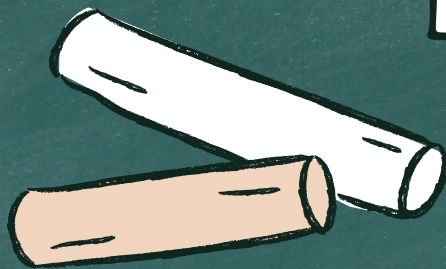
DHS Counselor Corner

#iApplied Day



#iApplied Day was a huge success! On Wednesday, November 19, school counselors and College & Career Center advisors provided one-on-one support to students with their college applications and essays. Thus far, 576 seniors have submitted applications to CSUs, UCs, and community colleges!

During our lunch-time activities, we raffled off a Prom ticket, a Grad Nite ticket, a 2025-26 Yearbook, 2 extra graduation tickets, and pizzas from Domino's. Students who submitted applications also received #iApplied T-shirts. Congratulations to all!



Counseling Highlights

On October 22 and October 23, school counselors conducted academic interventions for 9th-, 10th-, and 11th-grade students with Quarter 1 GPAs between 1.60-1.99. They were summoned to the Downey HS Theater to receive information about graduation requirements, tutoring, and Viking+. They also received a motivational pep talk from Mr. Quintero.

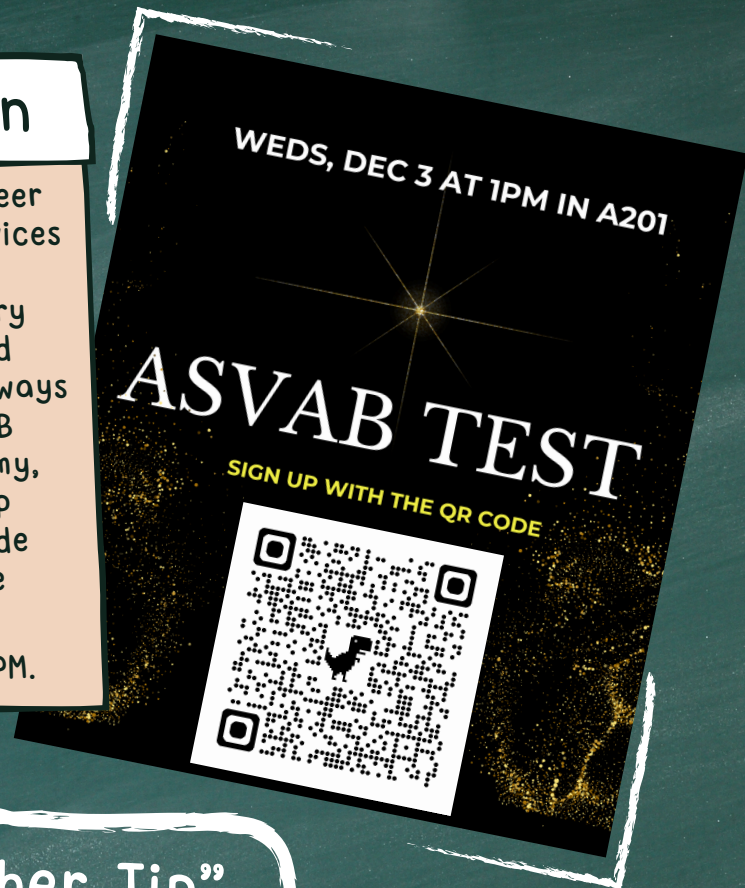
On October 24, school counselors attended the CSULB Counselor Conference and learned important information about alternative majors, common application errors, Dual Enrollment, and financial aid.

Important Dates

- ☒ CSU & UC Applications:
Due December 1
- ☒ Finals Week:
December 15-18
- ☒ Winter Break:
December 22 - January 2
- ☒ Local Scholarship
Application: Open Until
January 31, 2026

ASVAB Career Exploration

On Wednesday, December 3, the College & Career Center will be offering the ASVAB (Armed Services Vocational Aptitude Battery). The ASVAB is a free, multiple-aptitude test used by the military to help students understand their abilities and interests. It can determine which career pathways may be a good fit. A high score on the ASVAB can provide more career options with the Army, Air Force, Navy, and Marine Corps. To sign up for the ASVAB test, you can scan the QR code on the flier to the right, or you can visit the following link: tinyurl.com/downeyasvab
Registration closes on November 30 at 4:00 PM.



“Top Teacher Tip”
from Ms. Lara



Working hard and being dedicated to your workload is important, but find something that relaxes you, too! It can be anything from reading a book, playing with your dog, building with LEGO, completing a puzzle, etc. Sometimes we all need that thing we enjoy that relaxes our mind and calms us. So, when you're stressed, go do that thing you enjoy for an hour, then get back to your work. You'll feel so much better!

Roadmap to College
and Career Readiness

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