## **DOWNEY HIGH SCHOOL** SENIOR BRAG SHEET



Student Name:	
Cell Phone #:	E-mail Address:
What is your anticipated college major: : _	
Career goal?:	

<u>HIGH SCHOOL ACTIVITIES</u>: Please list your high school activites, including clubs, teams, and student government. Circle the grade in which you participated, and indicate any leadership positions on the right. (Please continue on a seperate sheet of paper if needed. The more details, the better.)

	Activity	Description
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<u>COMMUNITY SERVICE</u>: Please list your volunteer work and/or church activities. Include a description of your involvement in the organization (time spend, responsibilities, etc).

<u>AWARDS</u>: Please list any special award (academic and non-academic) that you have received and the year you received them.

<u>WORK EXPERIENCE</u>: Please describe any jobs that you have had since entering high school. Include the average amount of time that you have worked at each job.

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<u>OTHER ACTIVITIES</u>: Please describe other activities such as travel, hobbies, special lessons, and classes outside school. (Remember to state the year of participation.)

List <u>3</u> adjectives to describe yourself: Be specific. How do you demonstrate these qualities?	
1.	

- 2.
- 3.

What academic area interests you most? Please describe a specific incident, which illustrates your aptitude for this study and the appeal it holds for you.

Describe an event or activity that has had the most significant impact on your life. How has it shaped the person you are?

What are you most proud of and why?

Describe a significant leadership role you have held? What did you gain from this experience?

Comment on the influences in your life which have been important to you (family, friends, sports, teachers, etc.)

Add any other information that you think would be helpful to someone writing a letter of recommendation about you. (special talents, significant challenge/s you have faced, reason for any decrease in academic performance or grade you received that does not reflect your true potential, something not mentioned previously that you would like to disclose, etc.)