**S.M.A.R.T. Goal Planner**

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| **S**pecific | What **EXACTLY** do I want to have happen? |  |
| **M**easurable | I will know I have reached my goal when… |  |
| **A**ttainable | With hard work, is it possible to reach this goal by the deadline? |  |
| **R**ealistic and Relevant | My goal is important enough for me to put a plan into action. I will follow this specific plan to reach my goal: |  |
| **T**ime-Bound | I will reach my goal by: |  |